UT Southwestern Department of Radiology

ORDERABLE-SHOULDER

Anatomy: UPPER EXTREMITY

Sub-Anatomy: Shoulder- 3T Ortho

- Exams

- Routine Coil: Shoulder (avg pt) / mFlex coil (large pt)

SEQUENCE - BASICS				VARIABLE PARAMETERS												
PLANE	SEQ	Slice Thickness	Misc / Comment	МТХ	gap	% RFO V	Slices	Voxel size (mm)	TR	TE			ETL	Phase Encode	Scan TIME (min)	Pixel Shift BW-kHz
	ROUTINE	(mm)											Turbo Factor			
	3 plane scout		Only use GRE													
COR	PD	3.5			10%			0.5x0.6	3000	40-45						
COR	PD FS	3.5			10%			0.5x0.6	3000	35-40						
SAG	PD mDIXON	3.5			10%			0.5x0.6	3000	35-40						
AX	PD FS	3.5			10%			0.5x0.6	3000	35-40						
SAG	3D PD SPAIR	3-4			10%			0.65X0.65	3000	55						
•	↓OPTIONAL ↓															
SAG	STIR	3-4	Failed fat sat		10%			0.5x0.6	3000							

Instructions: FOV and Coverage- On axials, cover from humeral meta-diaphyseal junction to the skin surface. On coronals, cover deltoid to deltoid- oblique, parallel to scapula. On sagittals, cover from skin to chest wall- oblique- perpendicular to scapula. Put some towel/cloth over the shoulder to avoid coil shine through near skin surface.

Large subject: Increase voxel- to 0.75 mm, use mFlex coil, if problem with SNR or wrap, etc- call OPB/PMH for remote monitoring help.

Reconstruction for 3D- 0.65 mm in all axial and sagittal planes.

Others- Always put marker at the site of most pain, injury or swelling. If motion observed, stop the scan, instruct patient to lay still and repeat the sequence.





